

MENTAL HEALTH

INDEPENDENT LOCAL COUNSELORS

Holly Schmidt

Counseling for Low Income Families
Washington Healing Arts Center 851 E. Fifth St. Washington, MO 63090 636 239-8638

Dina Vitoux (ELC SOCIAL WORKER RECOMMENDED)

200 W. 12th St. Washington, MO 63090 636 229-1546

Betty Werner (ELC SOCIAL WORKER RECOMMENDED)

200 W. 12th St. Washington, MO 63090 636 229-1546

Life Balancing Counseling LLC

426 e. Fifth St. Washington, MO 63090 314 660-7373

Psych Care Consultants

205 Elm St. #202 Washington, MO 63090 636 390-4071

Diversified Counseling Services

202 E. Locust St. Union, MO 63084

Embracing Change

426 E. Fifth st. Washington, MO 63090 636 239-1117

Melissa Hampton

103 Liberty Plaza Dr. Union, MO 63084 417 425-0455

Waypoint Counseling Services

224 Elm St. Washington, MO 63090 636 229-1546

Tim Jones

309 W. 4th St. #101 Washington, MO 63090 636 239-2054

LOW INCOME COUNSELING SERVICES

SOCIAL WORKER WITH ST. JOHN'S MERCY HOSPITAL

Washington, MO
636 239-8000
Jean Doden

MCCAULEY MENTAL HEALTH CLINIC

St. John's Mercy Hospital in Washington, MO
636 239-8585

Many doctors to help with a variety of mental health issues for children and adults in the community.

BRIDGEWAY COUNSELING SERVICE

1570 South Main St. St. Charles, MO 63303
636-757-2200, 1-866-758-1152

www.bridgewaycounseling.com

Headquartered in St. Charles, Bridgeway is a non-profit organization specializing in treatment and services for addictive disorders, domestic violence and sexual assault.

Provides outpatient and residential treatment centers for men and women.

Population Served: Franklin, Lincoln, Montgomery, St. Charles, Warren & St. Louis Counties

CATHOLIC FAMILY SERVICES

Mental Health Services and Substance Abuse

Family Wellness 100 W. Main Street, Union, MO 63084

636-583-1800 Toll free 1-800-583-8355 Fax 636-583-0836

Provides marriage and family counseling and individual, family and group psychotherapy.

Hours of Operation: Monday - Friday, 8:30am - 5:00pm; Evening hours by appointment only

COUNSELING RESOURCE CENTER

Monica Houttuin, Julie Long, Jennifer Lowe, Jessica Gildehaus

104 S. McKinley, Suite D

P.O. Box 700

Union, MO 63084

636-583-7738

Professional therapists committed to providing quality services with you and your family's personal growth in mind. Will provide therapy to preschoolers. Takes insurance and pay.

Hours of Operation: By appointment

Population Served: Children, Adults, Couples, Families

Driving Directions: Highway 50 west to Linden, right on Linden, two blocks to Locust, right on Locust, 1 block to McKinley Complex. (Complex is on East side of Union City Auditorium)

CRIDER MENTAL HEALTH

Counseling services for children and adults.

Requirements defined by the Department of Mental Health criteria for most programs. Serving Lincoln, Franklin, Warren and St. Charles counties.

Children's Division: Coordinates resources to those in need. 636 584-0756

Prevention and Pinnocchio—child services 636 332-6000, 314- 435-0050

Emergency Services - If you are having a mental health emergency, (for example you feel like hurting yourself or someone else) call BHR (Behavioral Health Response) 24-hour hotline immediately at (314) 469-6644 or 1-800-811-4760; for TTY call (314) 469-3638.

<http://www.cridercenter.com>

Franklin County Mental Health Clinic-Crider Mental Health

416 Market Street

Washington, Missouri 63090

636-239-1717

Warren and St. Charles County Crider Mental Health

1032 Crosswinds Court Wentzville, MO 63385

636-332-6000 Fax 636-332-9950

LUTHERAN FAMILY AND CHILDREN'S SERVICE OF MISSOURI

Assists with Domestic, International, Relative, and Independent Adoptions. Provides temporary and emergency foster care, and provides counseling to pregnant and parenting families, also child counseling. Provides disaster relief, mentoring to at-risk children, and advocacy.

--**Main Office:** 8631 Delmar Blvd., St. Louis, MO 63124-1990

314-787-5100, 866-326-5327

<http://www.lfcsmo.org/>

--**St. Charles Office:** 800-367-2543 2800 West Elm Street, St. Charles, MO 63301

--**Franklin Country Office:** 636-949-5522 St. Paul Lutheran Church 208 West Springfield Union, MO

FRANKLIN COUNTY SERVICE PROVIDERS (Putting Kids First)

Mental health, Family Wellness, Developmental Issues, Domestic Violence

636-239-8935

MARRIAGE AND DIVORCE (Specifically)

KIDS IN THE MIDDLE, INC.

121 West Monroe Avenue, St.Louis, MO 63112

314-909-9922

<http://www.kidsinthemiddle.org/>

Divorce Counseling

*Counseling for children of Divorce: Provides group, individual and family counseling for children of separated, divorced and remarried families. Also, provides training and consulting for professionals, school and community.-Parenting Workshops Parenting together after divorce workshops.

DIVORCE CARE

Divorce Care is a special Christian-based, weekly seminar and support group fro people who are separated or divorced.

First Christian Church 6890 Hwy 100 Washington, MO 63090

Mike and Bev Barrett 937-430-1086 mikebevbarrett@gmail.com

Jay and Cathy Holt 314 498-1024 jayandcathy10@gmail.com

BETTER MARRIAGES

Want to make your loving relationship even better? Free brochure download.

www.bettermarriagesst.org/library

MISCELLANEOUS MENTAL HEALTH

BRAIN INJURY ASSOCIATION OF MISSOURI, St. Louis Chapter and State Association

10270 Page Avenue

St. Louis, MO 63132

314-426-4024

Fax 314-426-3290

Toll free 1-800-377-6442

<http://www.biamo.org>

Family support groups meet monthly for parents, friends and survivors of brain injury to discuss various issues: medical, advocacy, social, etc., educational/ training programs, camp/respice, prevention, and mentoring.

Hours of Operation: Monday - Friday, 8:00am - 4:30pm; call in advance

Population Served: Serves all ages.

DADS ACADEMY

Through awareness and education, Dads academy supports men in being better fathers.

www.dadsacademy.com

dadsacademy.com@gmail.com

Steve Pryor